

The incidence and the type of
canal isthmuses and accessory
canals in the human permanent
first molars following
instrumentation

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**The incidence and the type of
canal isthmuses and accessory
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first molars following
instrumentation**

A Masters Thesis

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Abstract

The incidence and the type of canal isthmuses and accessory canals in the human permanent first molars following instrumentation

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(Directed by Professor Il-Young Jung, D.D.S., M.S.D., Ph.D.)

A dental isthmus and accessory canals usually containing pulp tissue are such a region that is difficult to clean and obturate during surgical endodontics. There have been several studies about the incidence of the isthmus and accessory canal in human extracted permanent molars without root canal instrumentation. But root canal instrumentation may change the canal shape and affect the incidence of the isthmus and accessory canal.

Therefore, the purpose of this study in vitro was to determine the incidence and the type of the isthmus and accessory canal in the MB roots of the maxillary first molars and the mesial roots of the mandibular first molars following instrumentation with an aid of stereomicroscope.

Forty maxillary first molars and 38 mandibular first molars with 2 canals were evaluated in this study. After resection of the MB root or the mesial root of each first molar, the root canal was instrumented to size #30 and filled with single cone and Tubuli-seal. Transverse serial section was performed at the 2-5 mm level from the root apex and the cross-sectional

configurations were observed using stereomicroscope. Also the sum of the incidence with isthmus and accessory canal in the roots with two canals were evaluated because of its importance in surgical endodontics. The results were as the followings..

1. The incidence of isthmuses and accessory canals in the maxillary and the mandibular molars with two canals were highest at the 4 mm level from apex (63.2%; 82.5%).
2. The incidence of the anatomical variances was higher in molar roots with type III canal.
3. In the MB roots of the maxillary molars, the accessory canals, which are located between a main canal and outer root surface, was seen at the 2-4 mm level(Type II canal: 6.3%, Type III canal : 9.0-13.6%).
4. Different canal configurations were often found at the each cutting level in the same root.

Under the conditions of this study, the MB roots of the maxillary first molars and the mesial roots of the mandibular first molars with two canals showed still high incidence and variable location of accessory canals and isthmuses at the 2-5 mm level of selected root even after instrumentation. This information may be helpful for practitioners during endodontic treatment, especially the retrograde preparation of the permanent first molars.

Key words : mesiobuccal root of the maxillary first molar, mesial root of the mandibular first molar, surgical endodontics, canal isthmus, accessory canal

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I. Introduction

Failures of endodontic surgery may be caused by a lack of knowledge of the anatomical variations such as the isthmus and accessory canal on the resected root surface (Stephan and Richard, 2002 ; Weller *et al.* , 1995)

Previous studies have reported that the detection and the incorporation of the isthmuses into the root-end cavity are important for ensuring the complete debridement and sealing of the root canal system (Cambruzzi and Marshall, 1983 ; Rubinstein and Kim, 1999).

There have been several studies on the incidence of isthmuses in human permanent molars. Cambruzzi and Marshall (1983) reported that the incidence of isthmuses in the mesiobuccal (MB) roots of the maxillary molars and the mesial roots of the mandibular molars were 30.1% and 60.2%, respectively. Weller *et al.* (1995) presented the concept of a partial

isthmus and reported a 100% incidence of a canal isthmus including a partial isthmus at the 4mm level from the apex of the MB roots in the permanent maxillary first molars containing two canals. Tam and Yu (2002) included the accessory canals when classifying the canal configurations and reported that 12.5% of the MB roots in the permanent maxillary first molars with 2 canals had one or more accessory canals between the two MB canals.

However, most previous studies have reported the incidence and the type of isthmuses and accessory canals from the cross-sectional configurations of extracted teeth without root canal instrumentation (Weller *et al.* , 1995 ; Cambruzzi and Marshall, 1983 ; Tam and Yu, 2002). Root canal instrumentation may change the canal shape and affect the incidence of isthmuses and accessory canals. Therefore, information on the anatomical variances from the post-instrumented root may assist clinicians during surgical endodontics.

The purpose of this study *in vitro* was to determine the incidence and the type of the isthmuses and accessory canals in the MB roots of the maxillary first molars and the mesial roots of the mandibular first molars following instrumentation with an aid of a stereomicroscope.

II. MATERIALS AND METHODS

1. Tooth Preparation

Fifty-one human maxillary first molars and 44 mandibular first molars with a fully developed root were collected from oral surgeons and general dentists. The age, sex and reason for extraction were not considered in this study. The identification of these teeth as the maxillary and the mandibular first molars was confirmed using the accepted criteria (DuBrul, 1980 ; Kim and Lee, 1997). All teeth were stored in a 5% sodium azide solution at 4 °C until needed.

In order to facilitate the measurement and instrumentation, the MB roots of the maxillary first molars and the mesial roots of the mandibular first molars were resected using a Minitom (Struers, Denmark) at the furcation level. A #10 K-flex file or files (Maillefer, Ballaigues, Switzerland) were placed into the canal or canals of the resected roots, and periapical radiographs were taken in the buccolingual and the mesiodistal directions. Using these periapical radiographs, the number of canals was recorded and the canal type of each root was determined using the classification reported by Weine (1989). The working length of each root was calculated by placing a #10 file in the canals until it was visible at the apical foramen and subtracting one millimeter. All root canals were instrumented with 0.06 taper ProFile reamers (Maillefer, Ballaigues, Switzerland) to an apical size of 30 using a crown-down method. Each Profile was prepared at 300 r.p.m. using a 16:1 high torque handpiece (MICRO-MEGA, Besancon, France) powered by an electric motor(Nm uP-1500 motor, Nouvag Co., Switzerland). Irrigation was performed after each instrument procedure, using 2 ml of a 2.5% NaOCl solution.

In order to identify the main canals, a non-standard medium-sized gutta-percha cone (Meta Dental corp., Korea) was coated with Tubli-seal (Kerr corp., USA), and placed into the prepared canal without added pressure. The gutta-percha-filled roots were placed in an incubator for 7 days at 37°C to allow the sealer to set. The coronal one third of each root was then embedded in a self-cured acrylic resin (Jet acrylic resin, Lang Dental MFG. Co., USA). A Minitom (Struers, Denmark) was used to section each root at the 2, 3, 4, and 5mm level from the root apex, perpendicular to the long axis of the root. The resected surface of each root was stained with 2% methylene blue, rinsed in water, and dried with an air-syringe. The serial sections were arranged from the 2 mm level to the 5 mm level in a labeled slide glass. Only the apical sides of each section were examined at magnifications ranging from $\times 60$ to $\times 300$ using a Micro Hiscope System (Hirox Corp., Japan). The images were recorded digitally, and the cross-sectional canal configuration was examined using these photographs.

2. Classification of cross-sectional canal configuration

In the teeth with the two main canals, a further classification was performed as follows: A main canal was a canal with a gutta-percha cone. An isthmus was defined as a narrow extension from either one or two main canals. The isthmus was further classified as to whether it was complete or incomplete. The canal structure that was present separately from a main canal was regarded as an accessory canal. Accessory canals usually appear as relatively small round openings, but sometimes, they had a narrow extension. The accessory canals were found either between two main canals or between a main canal and the outer root surface. In the case of a difference in the location, a subclassification was carried out. Overall, six

categories were used to catalog the canal configuration in this study and could be classified as follows:

- Type A : One canal or 2 canals merged into one (Fig. 1).
- Type B : Two separated canals (Fig. 2).
- Type C1 : Two canals with one or more partial isthmuses (Fig. 3).
- Type C2 : Two canals with a complete isthmus (Fig. 4).
- Type D1 : Two canals with one or more accessory canals which are located between the main canals (Fig. 5).
- Type D2 : Two canals with one or more accessory canals which are located between a main canal and the outer root surface (Fig. 6).

In addition, the C1, C2, D1 and D2 configuration types in the roots with two canals were arbitrarily categorized in one category (Type S).

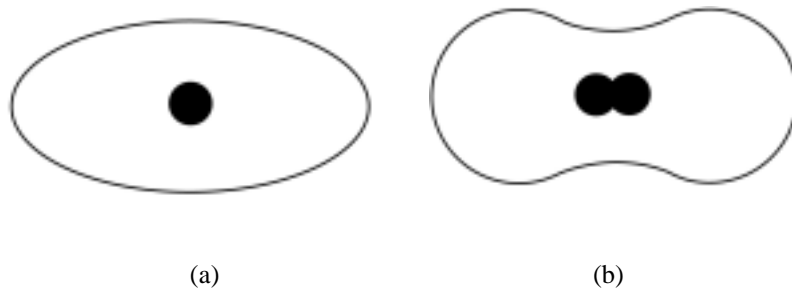


Fig 1. Type A : One canal (a) or 2 canals merged into one (b).



Fig 2. Type B : Two separated canals without an isthmus or accessory canal.

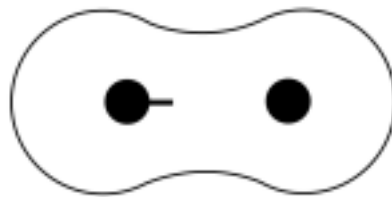


Fig 3. Type C1 : Two canals with one or more partial isthmuses between the main canals.

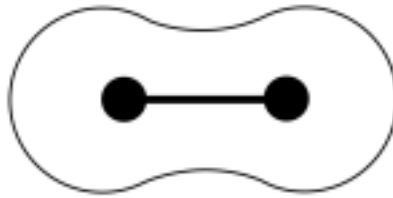


Fig 4. Type C2 : Two canals with a complete isthmus.



Fig 5. Type D1: Two canals with one or more accessory canals that are located between the main canals.



Fig 6. Type D2 : Two canals with one or more accessory canals that are located between a main canal and the outer root surface.

III. Results

Four MB roots of the maxillary first molars and two mesial roots of the mandibular first molars were excluded as a result of instrument separation or apical transportation during the instrumentation. Therefore, 47 of the 51 MB roots of the maxillary first molars and 42 of the 44 mesial roots of the mandibular first molars were used.

The radiographic data of the canal types in the maxillary and the mandibular molars used in this study are shown in Table 1. The incidence of two canals in the MB roots of the maxillary molars and the mesial roots of the mandibular molars was 80.8 % and 95.2 % respectively.

Table 1. Canal types in the mesiobuccal (MB) roots of the maxillary (Mx) first molars, and the mesial roots of the mandibular (Mn) first molars, as determined by the periapical radiographs.

Tooth root	One canal	Two canals		Total
		Type II	Type III	
MB roots of Mx first molar	9 (19.2%)	16 (34.0%)	22 (46.8%)	47 (100%)
Mesial roots of Mn first molar	2 (4.8%)	20 (47.6%)	20 (47.6%)	42 (100%)

Table 2 and 3 show the type of cross-sectional canal configurations at each level in both roots, respectively. The incidence of the Type S (sum of C1, C2, D1 and D2) configuration in the maxillary and the mandibular roots with two canals were highest at the 4 mm level from the apex (63.2%; 82.5%).

Table 2. The classification of the canal configuration types at each level in the MB root sections of the maxillary first molars with two canals.

Level from Apex (mm)	Canal Configuration Type (No. of roots)							Total
	A	B	C1	C2	D1	D2	S*	
2	10 (26.3)	8 (21.0)	6 (15.8)	5 (13.2)	5 (13.2)	4 (10.5)	20 (52.6)	38 (100)
3	9 (23.7)	9 (23.7)	4 (10.5)	9 (23.7)	4 (10.5)	3 (7.9)	20 (52.6)	38 (100)
4	7 (18.4)	7 (18.4)	2 (5.3)	13 (34.2)	5 (13.2)	4 (10.5)	24 (63.2)	38 (100)
5	12 (31.6)	9 (23.7)	1 (2.6)	14 (36.8)	2 (5.3)	0 (0)	17 (44.7)	38 (100)

S*: Sum of the number of roots with Type C1, C2, D1 and D2

The numbers in parenthesis are percentages.

Table 3. The classification of the canal configuration types at each level in the mesial root sections of the mandibular first molars with two canals.

Level from Apex (mm)	Canal Configuration Type (No. of roots)							Total
	A	B	C1	C2	D1	D2	S*	
2	10 (25.0)	6 (15.0)	5 (12.5)	10 (25.0)	9 (22.5)	0 (0)	24 (60.0)	40 (100)
3	5 (12.5)	4 (7.5)	8 (20.0)	14 (35.0)	10 (25.0)	0 (0)	32 (80.0)	40 (100)
4	1 (2.5)	6 (15.0)	9 (22.5)	17 (42.5)	7 (17.5)	0 (0)	33 (82.5)	40 (100)
5	1 (2.5)	11 (27.5)	6 (15.0)	15 (37.5)	6 (15.0)	1 (0)	28 (70.0)	40 (100)

S*: Sum of the number of roots with Type C1, C2, D1 and D2

The numbers in parenthesis are percentages.

Table 4 shows the incidence of the cross-sectional canal configuration according to the type of main canals. Generally, the incidence of the Type S classification was higher in the roots with a Type III canal than in those with a Type II. In the Type II canal, the incidence of the Type A classification was higher than that of the Type S classification, and the Type D1 classification was almost absent. In contrast, the incidence of the Type D1 classification in the Type III canal ranged from 9.0 to 22.7% in the maxillary molars and 25.0% to 45.0% in the mandibular molars.

Table 4. Incidence of the canal configuration types in the MB roots of the maxillary first molars and the mesial roots of the mandibular first molars according to the canal type.

Tooth Root	Canal Type	Level from Apex (mm)	Canal Configuration Type (%)							
			A	B	C1	C2	D1	D2	S*	Total
Mx MB Root	II	2	62.5	6.3	12.5	12.5	0	6.3	31.2	100
		3	56.3	12.5	6.3	18.7	0	6.3	31.2	100
		4	43.8	12.5	12.5	25.0	0	6.3	43.7	100
		5	56.3	6.3	0	37.5	0	0	37.4	100
	III	2	0	31.8	18.2	13.6	22.7	13.6	68.1	100
		3	0	31.8	13.6	27.3	18.2	9.0	68.2	100
		4	0	22.7	0	40.9	22.7	13.6	77.3	100
		5	13.6	36.4	4.5	36.4	9.0	0	50.0	100
Mn Mesial Root	II	2	50.0	5.0	15.0	30.0	0	0	45.0	100
		3	25.0	0	10.0	55.0	10.0	0	75.0	100
		4	5.0	10.0	15.0	65.0	5.0	0	85.0	100
		5	5.0	25.0	15.0	50.0	5.0	0	70.0	100
	III	2	0	25.0	10.0	50.0	45.0	0	75.0	100
		3	0	15.0	30.0	15.0	40.0	0	85.0	100
		4	0	20.0	30.0	20.0	30.0	0	80.0	100
		5	0	30.0	15.0	25.0	25.0	5.0	70.0	100

S*: Sum of the number of roots with Type C1, C2, D1 and D2

II & III : canal type of Weine classification

.Discussion

It is generally accepted that thorough knowledge of the anatomical variations on a resected root surface is essential for successful endodontic surgery.

Hsu and Kim (1997) suggested a classification method for canal isthmuses, which is meaningful for understanding the anatomy of a complex root canal system. However, it is believed that for endodontic surgery not only should the isthmus be examined thoroughly but a systematic examination of the other variable structures on the entire resected root surface is needed. The classification method of the cross-sectional canal configuration used in this study was based on the presence and the location of a main canal, an isthmus and an accessory canal. These structures are not different entities from each other because all these structures form part of the pulp canal system. For the practical application, however, these structures had been regarded as different ones and classified. Hsu and Kim (1997) classified all the canal structures present between two canals as isthmuses, while Tam and Yu (2002) differentiated accessory canals from isthmuses.

Clinically, it is more difficult to locate an accessory canal when the accessory canal is located at the lingual side to the lingual canal. Moreover, since the definition of an isthmus is a pulp canal present between two canals, a canal located outside a main canal cannot be classified as an isthmus. Therefore, this study separated and classified the accessory canal from the isthmuses for the convenience of clinical applications. In addition, the C1, C2, D1 and D2 configuration types in the roots with two canals were arbitrarily categorized in one (Type S) category because of its importance in surgical endodontics.

These results showed that the incidences of the Type S category in the mandibular molars were higher at all levels than those of the maxillary molars and the highest incidence in both

molars was 82.5% and 63.2%, respectively, at the 4mm level from the apex. This finding concurs with a previous study (Weller *et al.* , 1995), which showed that the incidence of isthmuses was highest at the 4mm level from the apex.

One of the intriguing features in this study was the incidence of the Type D2 classification. Although the incidence of the mandibular roots was quite low, the incidence of the maxillary roots ranged from 7.9% to 10.5% in the 2 to 4 mm level from the apex (Table 2). Furthermore, the accessory canals were mainly located at the lingual side of the MB₂ canals (Fig 7). Tam and Yu defined an accessory canal as one located between the main canals only, and did not report the presence of accessory canals outside the main canal (Tam and Yu, 2002). This difference might be due to the instrumentation of canals. If instrumentation was not performed, it might be difficult to determine which canal was a main canal. This might not allow certain cases to be classified as the Type D2 shown in this study.

Therefore, a thorough examination of the lingual side of the resected MB root surface during the surgical operation of the maxillary first molars is recommended.

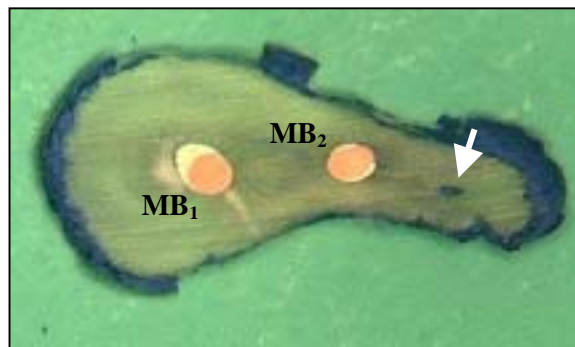


Fig 7. Accessory canal located in the palatal side to MB₂ canal (Type D2) was shown at the 4 mm level of the MB roots of maxillary first molars (arrowhead).

In addition, an interesting characteristic of the incidence of the Type A configuration (one canal) was observed on the cross-sectioned surfaces after instrumentation. Compared to the mesial roots of the mandibular molars with the Type II canals, the incidence was higher in the MB roots of the maxillary first molars (Table 4). This might be explained by the short distance between the MB₁ and the MB₂ canal and the incorporation into one of both canals by instrumentation.

However, in the Type III mesial roots of the mandibular first molars, there was no case of the Type A classification at the 2-5 mm level. At the 3 mm level, the incidence of the isthmuses and accessory canals was 85%. Therefore, incorporation between the mesiobuccal and mesiolingual canal should be considered in the cavity design of the root-end preparation during surgery on this type of root.

Weller *et al.* (1995) reported that in the MB roots of maxillary first molar, the range with partial isthmus (23.1 % to 88.0%) was higher than that of a complete isthmus (5.0% to 14.8%). However, this study showed the incidence of a partial isthmus to be relatively low, 26.0% to 15.8%, in the maxillary molars and 12.5% to 22.5% in the mandibular molars. These results may be the result of differences in the definition of the classification category of the partial isthmus in both studies. This study separated the Type C1 and Type D1, while Weller *et al.* defined the partial isthmus as an incomplete communication with one or more patent openings between two main canals. Therefore, the incidence of a partial isthmus (Type C1) found in this study might be low. However, even the sum of the incidence of the Type C1 and D1 categories was less than that of Weller's study. These differences can be attributed to the disappearance of the partial isthmus by the root canal instrumentation.

This study also showed that the types of the canal configurations were different at each level even in the same root. For example, when a Type B canal was found on a resected root

surface, the types of the 1 to 2mm upper level from the resected root surface were shown to be the C1, C2, and D1 types in many cases (Fig.8).

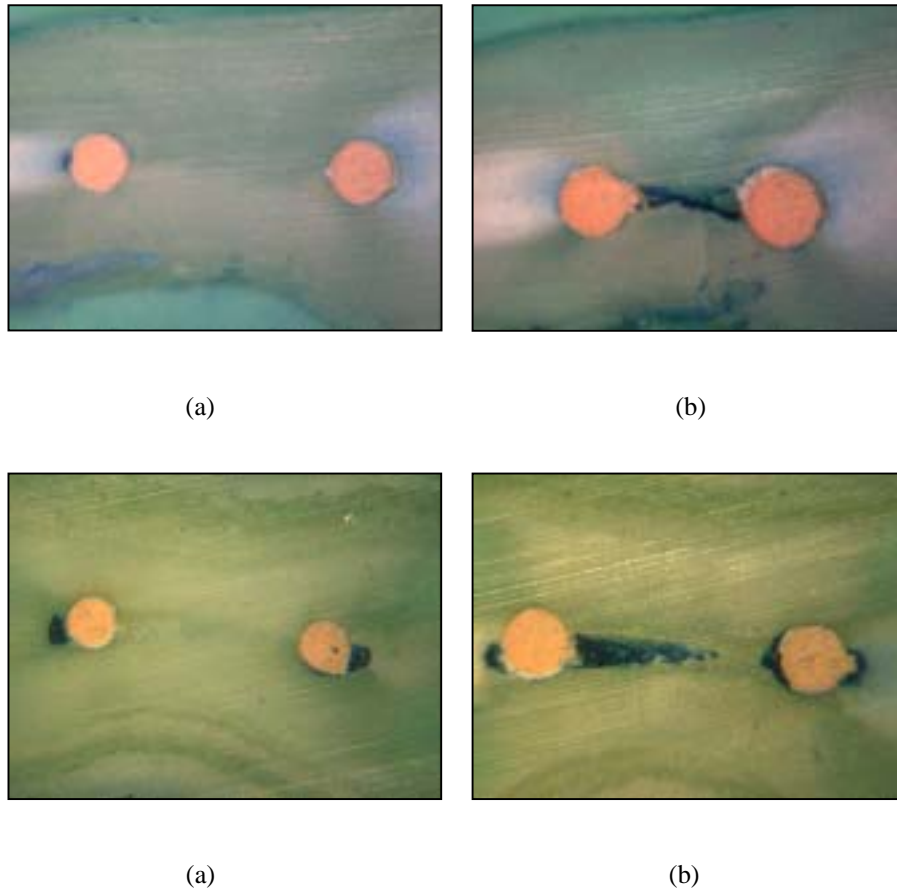


Fig 8. Type B was shown at the 2 mm level (upper, a) but the type of 2 mm upper level was Type C2 (complete isthmus) in the resected root surface of the mandibular molar (upper, b). In the maxillary molar, Type B was shown at the 2 mm level (lower, a) but Type C1 (partial isthmus) was found at the 4 mm level (lower, b).

This is in agreement with the findings reported by Weller *et al.* (1995), but differed from those reported by Tam and Yu (2002), where similar configurations at the sections of the 3, 4 and 5 mm level in the same root were reported. It is difficult to explain the difference, but differences in the methods or possible race-specific effects might be the cause.

Whether or not the configurations at the different levels in the same root are similar may be important to clinicians. If the configurations of the resected root surface are of either the Type C1, C2, D1, D2 and the cleaning and shaping are performed in the main canals only, some pulp tissues from the isthmuses or accessory canals, which may contain bacteria or irritating elements, may be remained over the resected dentin surface.

If these circumstances develop, bacteria and the other harmful irritants may gain access to the periradicular tissue via the resected and patent dentinal tubules. This may have an adverse effect the outcomes of endodontic surgery. Therefore, it is believed that clinicians should always consider these anatomical possibilities before a retrograde preparation.

In this study, the categories for classifying the canal configurations are arbitrary and may provide incomplete information. However, there is currently little information available as to standardizing the classification category. Further studies will be needed in order to standardize these experimental parameters.

Overall, this study demonstrated that the MB roots of the maxillary first molars and the mesial roots of the mandibular first molars with two canals had various canal configurations on the resected root surface at the selected cutting level from the apex. This information may be useful for practitioners during surgery on the permanent first molar.

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(Isthmus)

(accessory canal)

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2 가 38 1

40 1 Ni-Ti

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#10 K-

Weine type . Profile 0.06 taper

file Crown-down #30 (MAF #30) .

2mm 1mm 5mm

Stereomicroscope

1. 가 1
1
4mm 63.2% 82.5% 가 .
2. Type III 가 .
3. 가 1 , MB₂
2~4mm
(Type II : 6.3%, Type III : 9~13.6%)
4. 가 1 1
가 1
1
가 .
1
가 Type III
가 ,

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